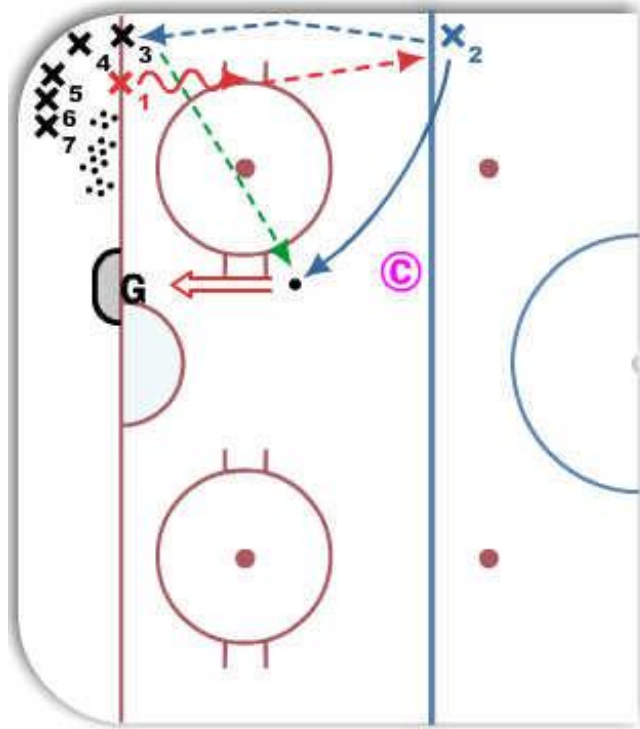


Give & Go Shooting Drill



Description

- 1) X1 starts drill by skating with puck and passing to X2.
- 2) X2 then bank passes puck to X3, X2 then skates toward slot area.
- 3) X1 replaces X2 on blue line.
- 4) X3 passes puck to X2 who is driving toward the net for shot on net.
- 5) X3 then starts drill again by skating with puck and passing to X1.
- 6.) Continuous drill until all players are in opposite corner.
- 7.) Repeat.

Tags: - No dirty pucks, - Hard passes, - Shoot while moving