

Dman Fake Shot



Description

Setup - Three pylons close together inside on blue line. Coach passes pucks from corner to D man at the Blue Line. D then fakes shot and works around to middle and shoot then get back into position and receive pass and repeat fake shot and work to outside and shoot

Notes: keep stick low on fake shot.
work puck around in open ice do not get close to pylon (Opponents).
Shoot hard and low for corners of net

Tags: Fake Shot keeping Stick Low, Receive hard passes., Work puck around Pylons in open ice