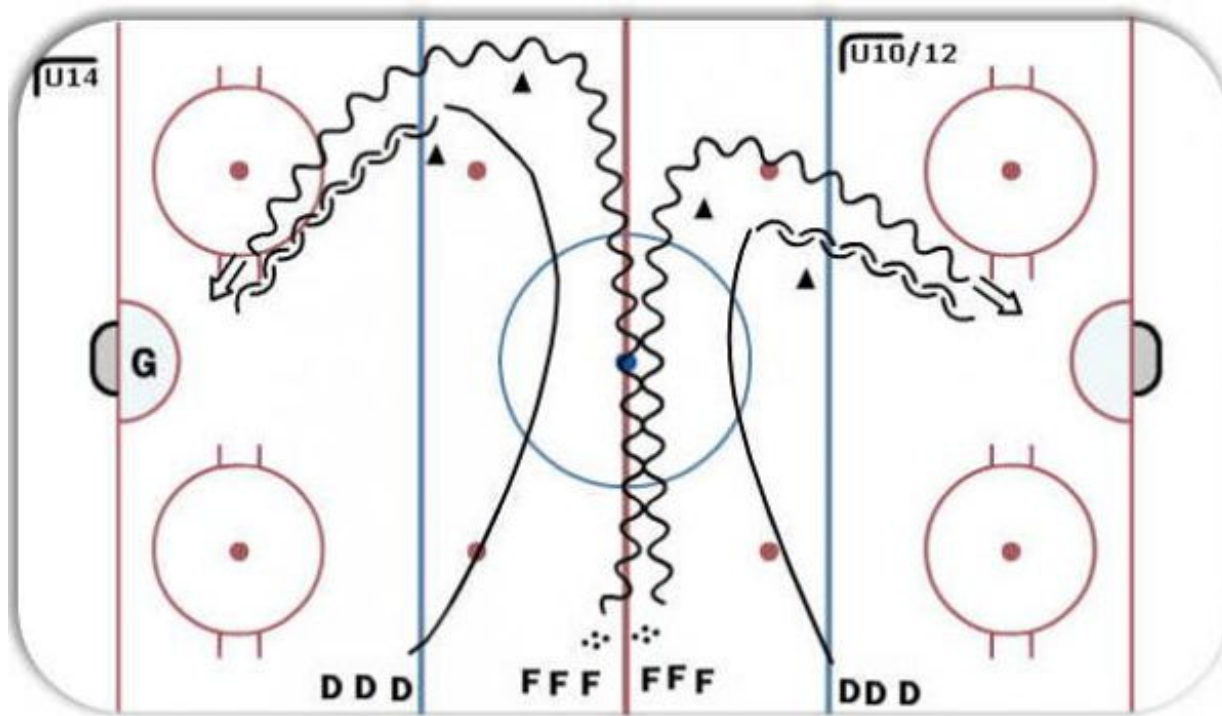


Net drive



Description

First forward (F) skates around cone and drives net for a goal.
First defence (D) skates alongside (shadows) F and angles him wide away from net.

Notes: Reinforce outside drive.
If F's are unsuccessful, D's can start on their knees.

Tags: Heads up skating., Quick feet., Puck protection., Angling., Net drive.