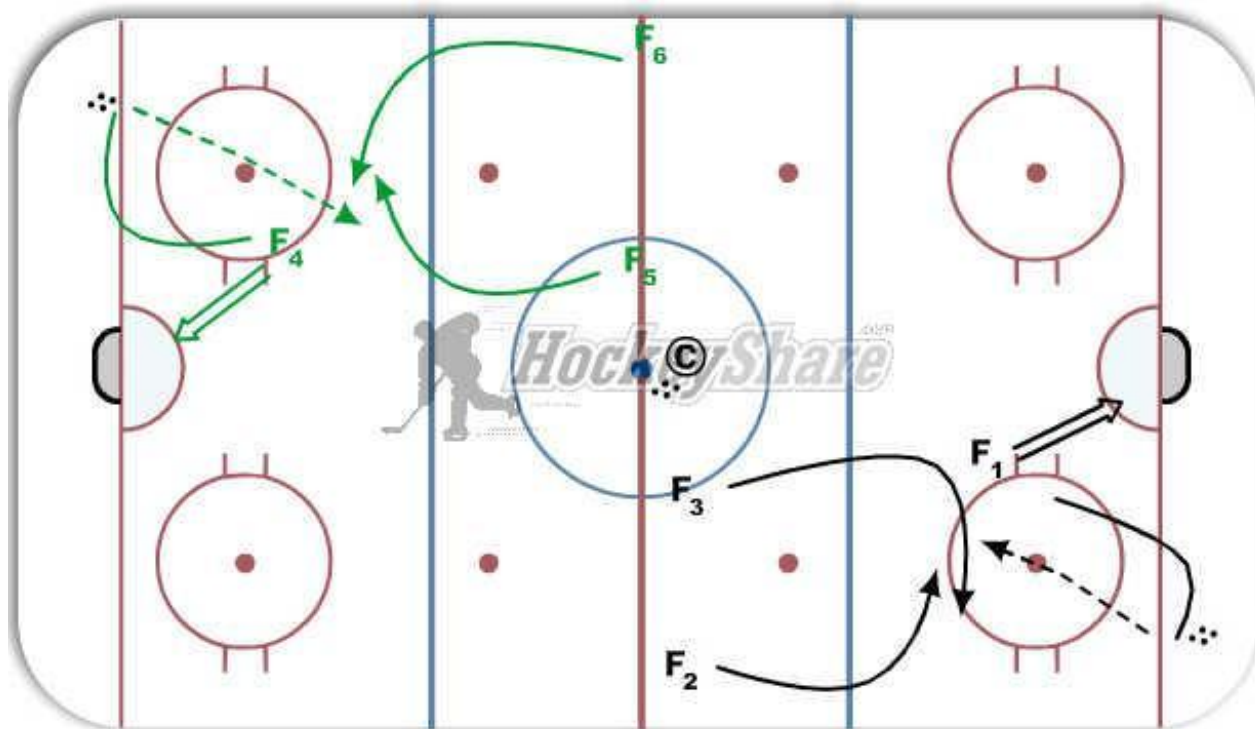


2 on 0 continuous



Description

Drill starts with shot on net from F1 and F4, after shot they go to corner and make a pass curling forwards on inside lane (F2 and F6) F2 and F6 make a head man pass to F3 and F5 who go in for shot on net. After they shoot, they pick up a puck in the corner and pass to next set of curling forwards.

Notes: coach ready to feed pucks for missed passes, players must remember to go to the corner after they shoot to get a puck

Tags: shooting, passing