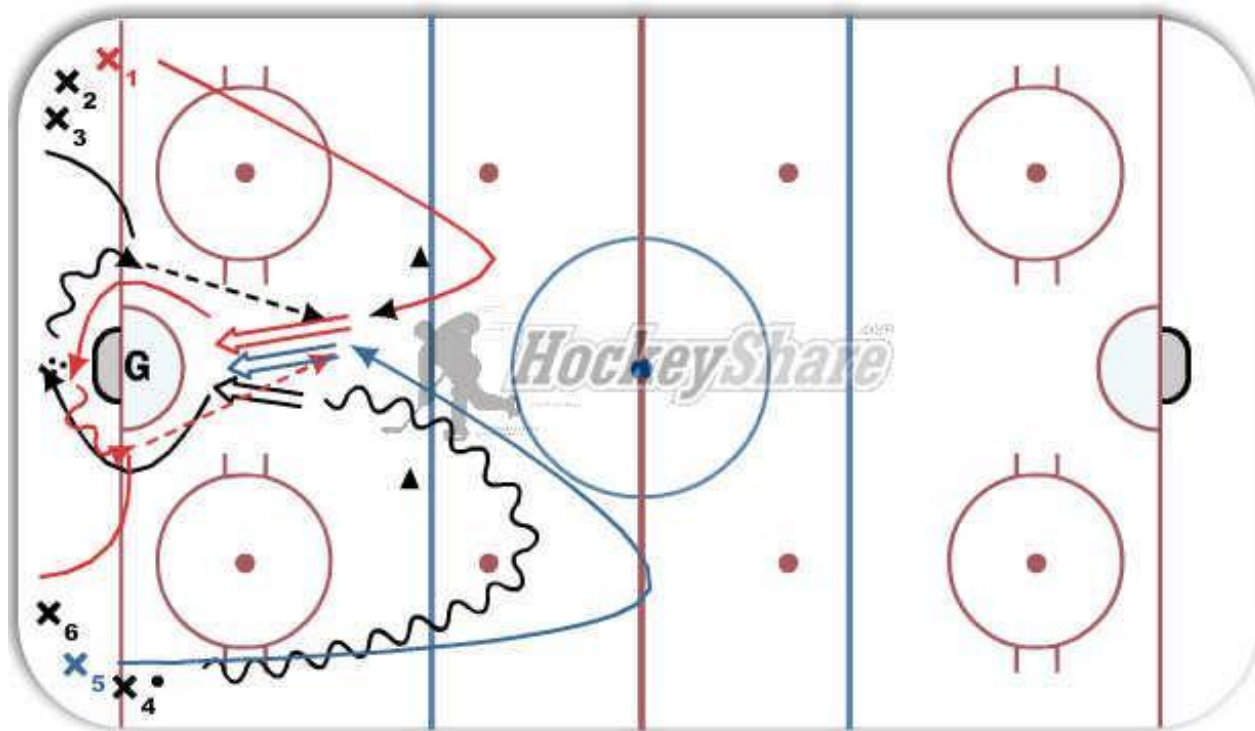


pass from behind net to one time shot



Description

X4 starts drill by skating with a puck around pylon and takes a shot on net
When x4 crosses the blue line x1 in the opposite corner starts without a puck and skates around pylon at the blue line
After x4 shoots on net he then proceeds behind the net to pick up a loose puck and pass it out to x1, who is now rounding the pylon at the blue,
for a one time
Drill continues perpetually

Tags: players start from alternate corner, one time shots from hash marks only