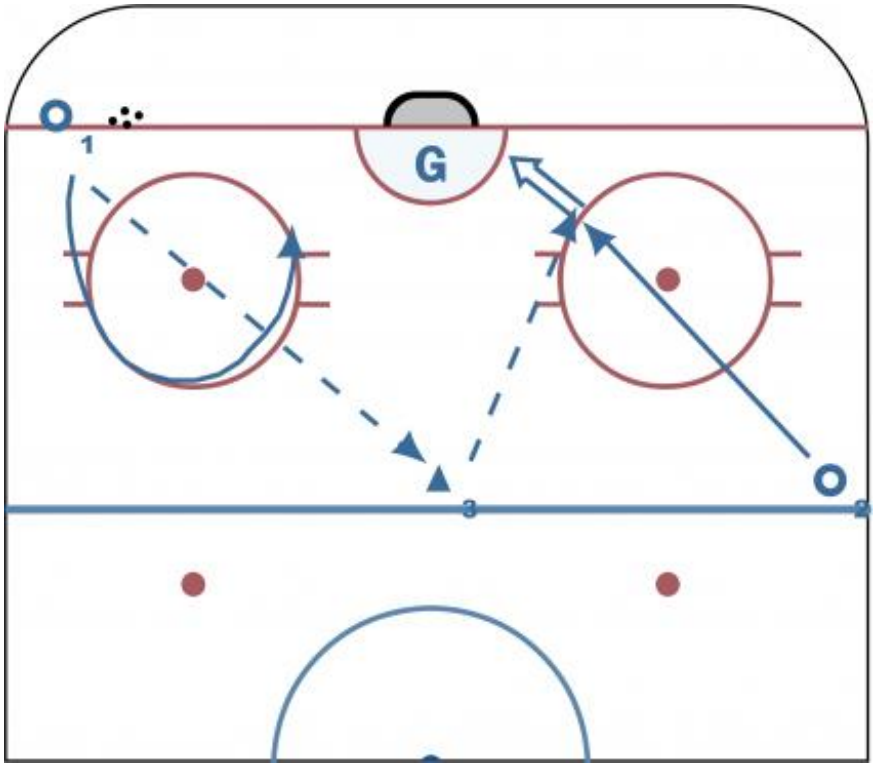
Net Drive



Description

1) 1 passes to D (3) and curls around top of circle then crashes net
2) 2 heads to the near post
3) D puts a slapshot/pass on the stick of 2 for a deflection toward net
4) 1 and 2 play rebounds

Notes: Focus on D making a HARD pass/shot and also not telegraphing his/her play. Once players have gotten the hang of the drill, progress to letting the D read the goalie and make the appropriate play (puck to 2, puck to 1, or shoot puck).

Tags: -Driving Net, -Timing, -Shot Faking