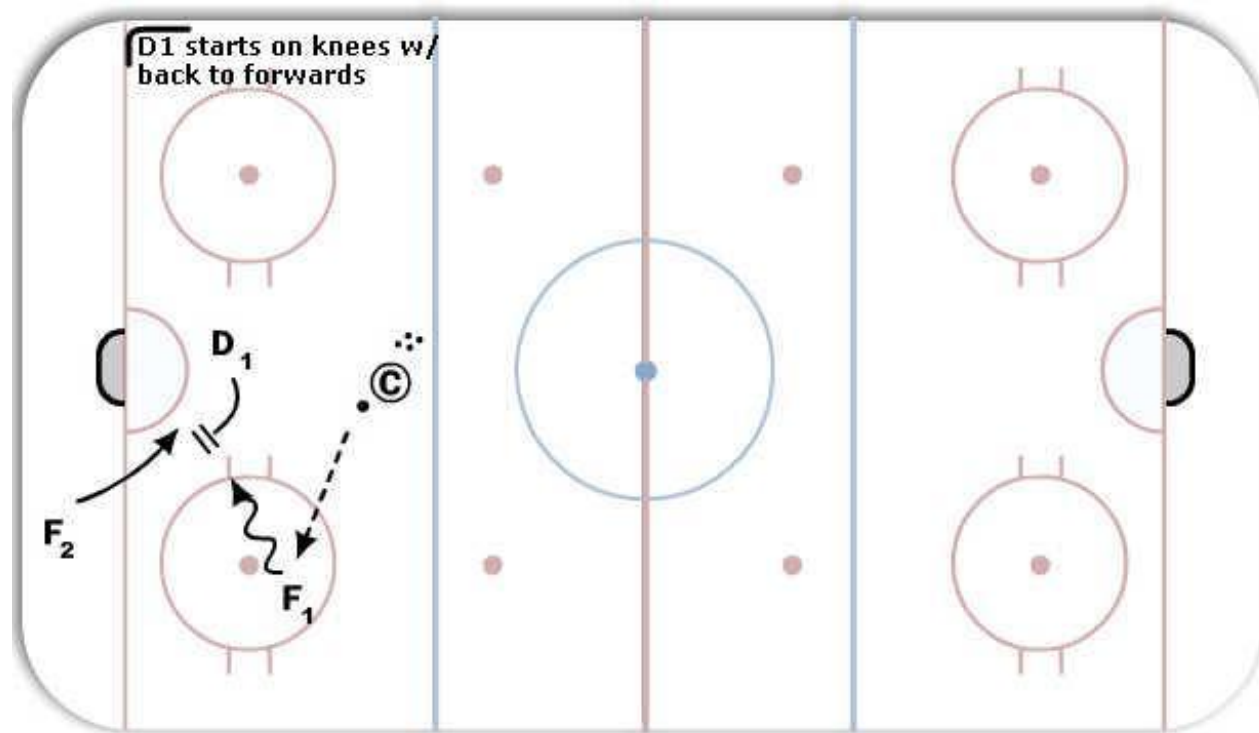


2 on 1 Down Low



[Animation #1](#)

Description

To start this drill, the defensive player starts on their knees with their back to the forwards. On the whistle, the coach passes the puck to either forward and they then take on the defense 2 on 1.

Notes: Defensive player starts on knees with back to the forwards.

Tags: -Corner 2 on 1, -Overload, -Power Play, -Drive the Net