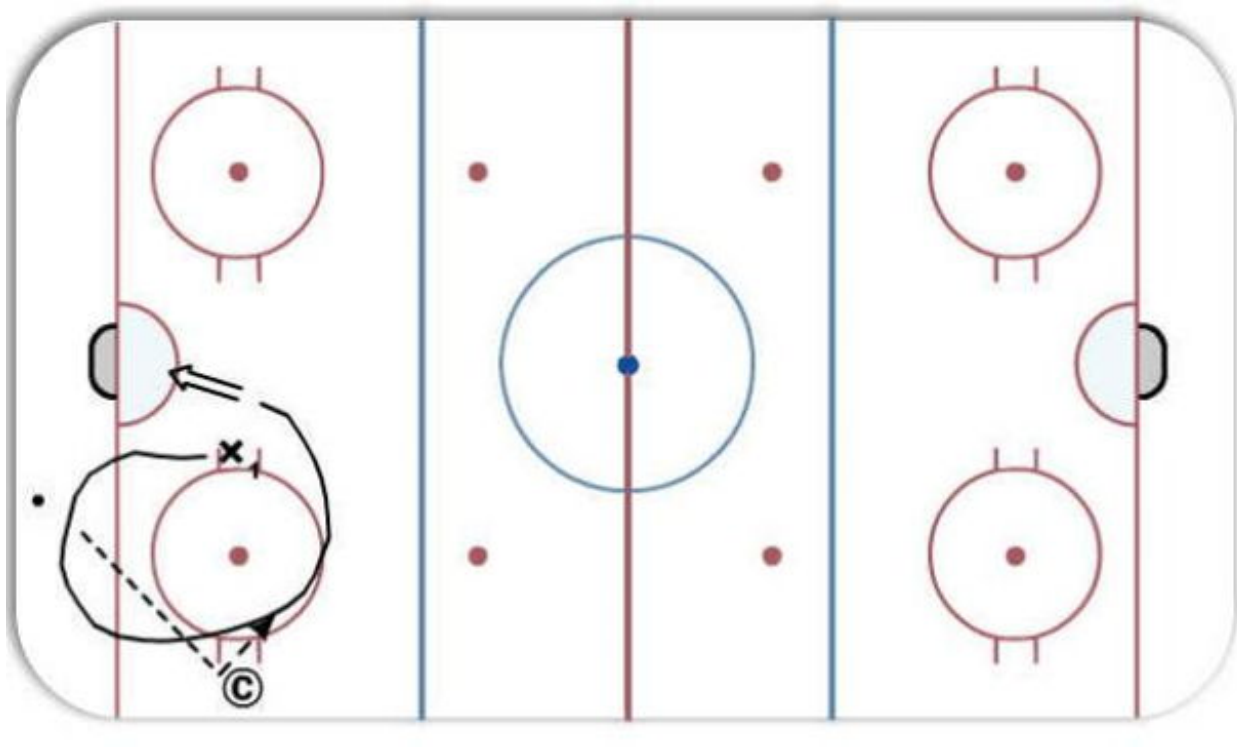


Breakout One Touch Back (Skill Development)



[View on YouTube](#)

Description

X1 picks up a puck from the corner, passes to C, continues around the top of the circle, receives a return pass from C, drives to the net and shoots in stride.

Tags: Give & Go, Acceleration, Shooting in Stride