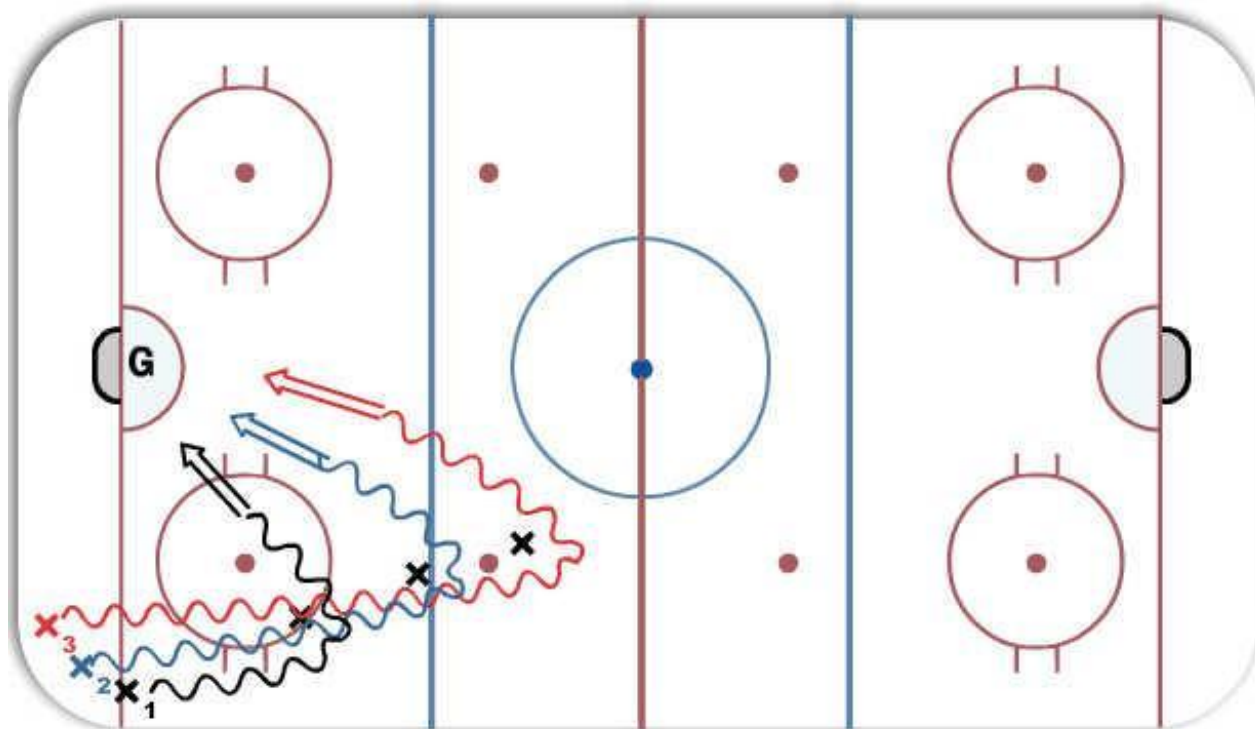


## Circle 3 Puck Shooting



### Description

X1 carries puck around near cone. Shot on net. Stop in front.  
X2 carries puck around far cone. Shot on net. Stop in front.  
X3 carries puck around centre circle. Long shot on net.  
All 3 players play out the last rebound only.

**Notes:** This drill should be done from both opposite corners so there are 6 skaters going at the same time.  
ONLY PLAY REBOUND ON SHOT #3.  
Next 6 start on the whistle.

**Tags:** Good puck control with head up.