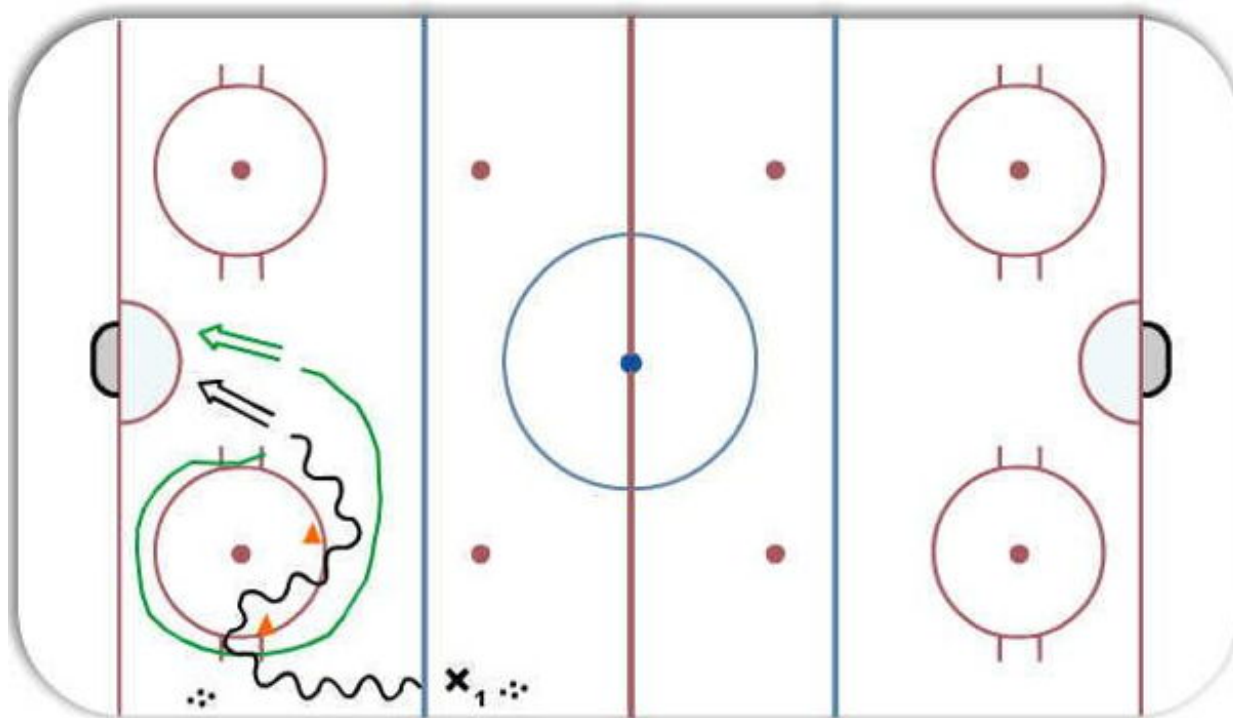


Cut & Shoot, Circle Drive (Skill Development)



[View on YouTube](#)

Description

Player starts at the blue line with the puck, drives around the first cone (protecting the puck), then cuts up and around the second cone and shoots in stride.

Player then cuts around the bottom of the circle, picks up a new puck, keeps his feet moving across the top of the circle and shoots in stride.

Notes: Black is phase 1. Green is phase 2.

Tags: Tight Turns, Cross Overs, Shooting in Stride