

Back Door Tip Drill



Description

X1 starts with a pass to the coach; other players start on far blue line.
X2 receives a pass from Coach and drives the net looking for a shot.
X1 curls out over the circle and drives net. Stick down looking for Back door tip.
both look for rebound.
on Whistle. X2 goes to corner to retrieve puck and start next session
X1 joins line outside the blue line.

Tags: Both players drive the net and stop; no fly bys